

CAREER FACT SHEET

Counsellors

Snapshot

Counsellors provide information on vocational, relationship, social and educational difficulties and issues, and work with people to help them to identify and define their emotional issues through therapies such as cognitive behaviour therapy, interpersonal therapy and other talking therapies

How many are employed in this occupation?	30,700
What are the average weekly earnings for full time workers?	\$1,652
How does unemployment compare with other occupations?	Average
What are the job prospects for this occupation?	Medium
What will be the likely future employment growth for the next five years?	Strong Growth

Main employing industries

Health Care and Social Assistance; Education and Training; Public Administration and Safety; Administrative and Support Services

Tasks

This occupation may include associated occupations with varying tasks.

- working with clients on career, study and employment options by obtaining and examining information relevant to their abilities and needs
- providing information and resources to assist clients with job-seeking skills
- assessing client needs in relation to treatment for drug and alcohol abuse
- conducting counselling interviews with individuals, couples and family groups
- assisting the understanding and adjustment of attitudes, expectations and behaviour to develop more effective interpersonal and marital relationships
- presenting alternative approaches and discussing potential for attitude and behaviour change
- consulting with clients to develop rehabilitation plans taking account of vocational and social needs
- contributing information, understanding and advice on the learning and behaviour of students, especially those with special needs, and assisting parents and teachers in dealing with these needs
- may work in a call centre

INDUSTRY OVERVIEW

Health Care and Social Assistance

Are you interested in helping people improve their health? Do you enjoy caring for others? Perhaps you would like to assist people experiencing a disability, or are keen to get involved in the wellness industry. If you are intrigued by these possibilities, a job in the Health Care and Social Assistance sector may be for you. The Health Care and Social Assistance industry encompasses a diversity of occupations, ranging from fields such as dental hygiene, optometry, pharmacy, disability services, mental health and aged-care, to fitness training, sports science, lifestyle coaching and nutrition. The Health Training Package offers over 75 Vocational and Training (VET) qualifications, so if you're interested in health you'll probably find an occupation and qualification to suit you! Don't forget it's possible to begin your Health Care and Social Assistance career by training for VET qualifications to start with before possibly working your way up to a University Degree. The Health Care and Social Assistance sector has



Health Care and Social Assistance

experienced strong growth in the last ten years, making it one of Australia's largest employers and the growth is forecast to continue, so jobs in this industry are expected to be plentiful.

Possible job pathways

- Anaesthetists
- Ambulance Officers and Paramedics
- Chiropractors and Osteopaths
- Complementary Health Therapists
- Dental Assistants
- Dental Practitioners
- Dental Hygienists, Technicians and Therapists
- Dieticians
- Generalist Medical Practitioners
- Health Information Managers
- Indigenous Health Workers
- Internal Medicine Specialists

- Massage Therapists
- Medical Imaging **Professionals**
- Medical Laboratory Scientists
- Medical Technicians
- Midwives
- Nurses (Enrolled and Mothercraft Nurses)
- Nursing Managers
- Optometrists and Orthoptists
- Other Medical Practitioners
- Podiatrists

- Pharmacists
- Physiotherapists
- Practice Managers
- Psychiatrists
- Psychologists
- Nurse Educators and Researchers
- Registered Nurses
- Speech Professionals and Audiologists
- Photographic Developers and **Printers**
- Aged and Disabled Carers

- Counsellors
- Diversional Therapists
- Health and Welfare Services Managers
- Nursing Support and Personal Care Workers
- Occupational **Therapists**
- Social Workers
- Special Care Workers
- Welfare Support Workers
- Welfare, Recreation and Community Arts Workers

For more information visit skillsroad.com.au